

UNDERSTANDING LONG-TERM CARE

WHERE? is care provided



IN RESIDENTIAL FACILITIES

- Nursing homes
- Elderly care homes



AT HOME

- Home-based care
- Live-in care



IN THE COMMUNITY

- Adult day care
- Community-based services

WHAT? support is provided

Services and assistance for people who need help with **daily living activities** or need permanent **nursing care**.



Dressing



Housework



Home assistance



Mobility assistance



Eating



Shopping



Meal preparation



Personal hygiene

WHO? provides care

Different **professions** work in LTC sector to meet the users' needs.



HEALTHCARE

- Nurses
- Assistant nurses



PERSONAL CARE

- Care assistants
- Home-based care workers



REHABILITATION

- Physiotherapists
- Physiotherapy technicians & assistants



SUPPORT SPECIALISTS

- Psychologists
- Audiologists
- Social workers and counsellors



LONG-TERM CARE ACROSS EUROPE

Supporting people who need help with
everyday living or ongoing nursing care

WORKING IN LONG-TERM CARE

WHO? employs care workers

- Public organisations
- Non-profit organisations
- Private organisations
- Temporary employment agencies
- Households

HOW? to work across borders



MOVE

relocating to the
country of
employment



COMMUTE

living in one country,
working in another



POSTING

employed in one
country, temporarily
working in another

WHAT? forms of work exist

EMPLOYMENT AT:



- A long-term care provider
- A temporary employment agency
- A household



SELF-EMPLOYMENT:

- Business registered at home, services temporarily provided abroad
- Business registered abroad, services provided abroad

WHAT matters for everyone



- Get informed
- Respect agreements
- Watch out for risks
- Choose declared work

Need assistance?
Want to know more?

<https://ela.europa.eu/fair-care>

