Impact of teleworking during the COVID-19 pandemic on the applicable social security

Are you required - because of the COVID-19 pandemic - to telework from your home office in your Member State of residence instead of working in your usual place of employment abroad?

Are you an employed or self-employed frontier worker, an employer, a new recruit, working in two or more Member States as a worker or self-employed person or a posted worker?

In principle, your social security insurance is linked with the Member State where your habitually work. Under normal circumstances, when you start teleworking from your state of residence, the social security coordination rules are automatically modifying your state of insurance. However, the COVID-19 pandemic is an exceptional circumstance. Therefore, EU Member States took measures or actions so that teleworking in the Member State of residence during the pandemic would not lead to a change of the applicable legislation.

Find out more about the situation in your Member State by consulting this leaflet and if you require further assistance, contact the relevant social security institution in charge of your social security insurance.

Please note that the information provided in this leaflet is only indicative and in cases of questions, please always refer to the relevant authorities.

Find out more about typical situations of affected employed and self-employed workers by following this link.

How did this Member State deal with the increase in teleworkers residing there when a substantial activity was carried out in this Member State as well?

The Latvian competent institution took the position that the applicable legislation, which applies to persons in accordance with Title II of Regulation (EC) 883/2004, should not change because of the COVID-19 pandemic. For example, cross-border workers, usually working in two or more Member States, increased activity in Member State of residence due to COVID-19 telework. In such cases Latvia maintained practice (in some cases in consent with the relevant MS) that the changes regarding working time (e.g. teleworking) do not change the applicable legislation, thus workers continued to be subject to the MS legislation established before the pandemic and existing PDA1 issued under Article 13 remained valid.

Latvia was among those Member States, which closed the borders and travel abroad was extremely limited due to COVID-19 pandemic. Accordingly, Latvian competent institution also made decisions on applicable legislation, which have not been supplemented by agreements based on Article 16 of Regulation (EC) No 883/2004 considering these obstacles as situation of force majeure.

Change in the applicable legislation ☐
Agreement under Article 16 of Reg. 883/2004 ☒
Other measures ☒

Has this Member State relied on the Guidance Note of the Administrative Commission for the coordination of social security systems?

YES ☒

For more information visit


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